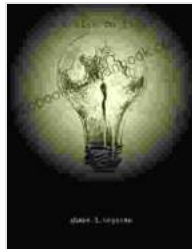


Bruise On Light: A Haunting and Hopeful Masterpiece by Shane Koyczan

You are the bruise on light,



A Bruise On Light by Shane Koyczan

★★★★☆ 4.9 out of 5

Language : English

Item Weight : 1.19 pounds

Dimensions : 9.7 x 7.3 x 0.9 inches

File size : 18060 KB

Print length : 109 pages

Lending : Enabled

Screen Reader : Supported

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A dark spot on an otherwise clear day.

You are the lump in my throat,

The ache in my chest.

You are the tear that won't fall,

The scream that gets stuck.

But you are also the light in my darkness,

The hope in my despair.

You are the reason I keep fighting,

The reason I keep believing.

I will not let you win,

I will not let you break me.

I will fight you with everything I have,

Until you are nothing but a distant memory.

I am stronger than you,

I am braver than you,

I am more resilient than you.

And I will not let you win.

A Deep Dive into 'Bruise On Light'

Shane Koyczan's 'Bruise on Light' is a powerful and emotionally resonant exploration of trauma, resilience, and the search for hope amidst adversity. The poem is a deeply personal and introspective work that has resonated with countless readers across the globe.

The poem opens with a vivid and haunting metaphor: the speaker is a "bruise on light." This image suggests a profound sense of pain and darkness, as if the speaker has been injured or traumatized by something significant. The bruise represents the emotional and psychological toll that the speaker has endured.

As the poem progresses, Koyczan uses a series of evocative images to convey the speaker's struggle. The speaker has a "lump in [their] throat," an "ache in [their] chest," and a "tear that won't fall." These physical sensations symbolize the emotional pain and turmoil that the speaker is experiencing. The "scream that gets stuck" represents the speaker's inability to fully express their emotions.

Despite the pain and darkness, there is a glimmer of hope in the poem. The speaker acknowledges that the bruise is also a "light in [their] darkness" and a "hope in [their] despair." This suggests that even in the midst of trauma, there is the potential for healing and growth.

The speaker resolves to fight against the darkness, to not let it break them. They declare, "I am stronger than you, / I am braver than you, / I am more resilient than you." This shows the speaker's determination to overcome their trauma and to find hope and healing.

The Impact of 'Bruise On Light'

'Bruise on Light' has had a profound impact on readers across the globe. The poem has been used in countless classrooms, workshops, and therapy sessions to help people process and heal from trauma.

The poem's powerful message of resilience and hope has resonated with people who have experienced all kinds of adversity, from childhood abuse and neglect to war and violence. The poem has helped people to feel less alone in their struggles and to believe that they can overcome their challenges.

In addition to its impact on individuals, 'Bruise on Light' has also been used to raise awareness of the issue of trauma and its impact on society. The poem has been performed at countless events and has been featured in several documentaries and films.

Shane Koyczan's 'Bruise on Light' is a powerful and haunting masterpiece that explores the depths of trauma and the search for hope. The poem's vivid imagery and emotional resonance have made it a powerful tool for healing and inspiration.

If you have been affected by trauma, this poem may offer you comfort and hope. It may also help you to feel less alone in your struggles. And if you have not been affected by trauma, this poem may help you to understand the impact of trauma on others.

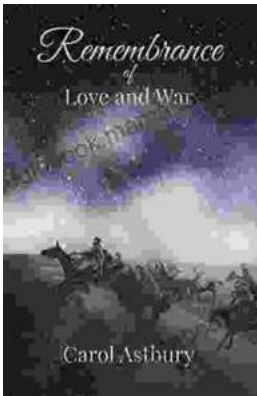
Regardless of your experiences, 'Bruise on Light' is a poem that will stay with you long after you have finished reading it. It is a poem that will challenge you, inspire you, and ultimately give you hope.



A Bruise On Light by Shane Koyczan

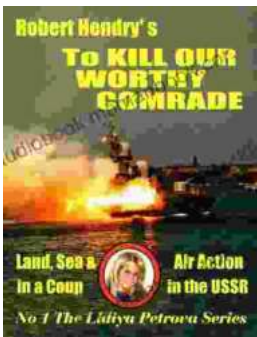
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