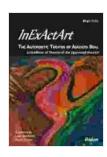
# Inexactart: The Autopoietic Theatre of Augusto Boal

Augusto Boal's Theatre of the Oppressed is a powerful tool for social change. This article explores the theoretical foundations of Boal's work, and how it can be used to create theatre that is both transformative and empowering.



### InExActArt - The Autopoietic Theatre of Augusto Boal: A Handbook of Theatre of the Oppressed Practice

by Azzurra Nox

★★★★★ 5 out of 5

Language : English

File size : 4817 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting: Enabled

Word Wise : Enabled

Print length : 320 pages

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Paperback : 645 pages
Item Weight : 2.34 pounds

Dimensions : 6 x 1.62 x 9 inches



#### **Autopoiesis and the Theatre of the Oppressed**

Autopoiesis is a term coined by biologists Humberto Maturana and Francisco Varela in the 1970s. It refers to the ability of a system to self-organize and self-maintain. Autopoietic systems are closed to the outside world, but they are able to exchange matter and energy with their environment.

Boal's Theatre of the Oppressed is an autopoietic system. It is a self-organizing, self-maintaining system that is closed to the outside world. However, the Theatre of the Oppressed is able to exchange matter and energy with its environment through the audience. The audience provides the Theatre of the Oppressed with the raw materials for its work, and the Theatre of the Oppressed, in turn, provides the audience with a transformative experience.

#### The Transformative Power of the Theatre of the Oppressed

The Theatre of the Oppressed is a transformative theatre. It is a theatre that can change the lives of its participants. The Theatre of the Oppressed does this by creating a space where people can explore their own experiences of oppression and injustice. Through this process of exploration, people can come to a new understanding of themselves and their world. They can also develop new strategies for resisting oppression and injustice.

The Theatre of the Oppressed is not a magic bullet. It is not a quick and easy fix for the world's problems. However, the Theatre of the Oppressed is a powerful tool for social change. It is a tool that can help people to understand their own experiences of oppression and injustice, and to develop new strategies for resisting oppression and injustice.

#### **Creating Theatre of the Oppressed**

There are many different ways to create Theatre of the Oppressed.

However, there are some basic principles that all Theatre of the Oppressed productions share.

- The audience is an active participant in the production. The audience is not just a passive observer. They are an active participant in the production, and they play a vital role in creating the meaning of the play.
- The play is based on the real experiences of the participants. The Theatre of the Oppressed is not a form of escapist theatre. It is a theatre that is based on the real experiences of the participants. The play is a reflection of the participants' own lives, and it speaks to their own experiences of oppression and injustice.
- The play is a tool for social change. The Theatre of the Oppressed is not a form of entertainment. It is a tool for social change. The play is designed to raise awareness of oppression and injustice, and to inspire people to take action to change the world.

The Theatre of the Oppressed is a powerful tool for social change. It is a theatre that can change the lives of its participants, and it can also change the world. If you are interested in creating Theatre of the Oppressed, there are many resources available to help you get started.

Here are some additional resources that you may find helpful:

- The Theatre of the Oppressed website
- The Theatre of the Oppressed by Augusto Boal
- The Theatre of the Oppressed in action

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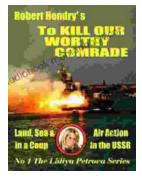
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