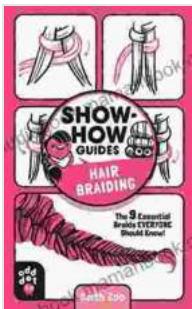


The Essential Braids Everyone Should Know: A Comprehensive Guide with Step-by-Step Instructions



Show-How Guides: Hair Braiding: The 9 Essential Braids Everyone Should Know! by Odd Dot

4.3 out of 5

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Braiding is an ancient hair styling technique that has been passed down through generations. It is a versatile and timeless art form that can transform your look in an instant. From classic plaits to intricate updos, there is a braid for every occasion and hair type. In this comprehensive guide, we will explore the essential braids that everyone should know, providing step-by-step instructions with detailed images to help you master these braiding techniques.

Essential Braids

- **Three-Strand Braid:** The most basic braid, the three-strand braid is a versatile style that can be worn in a variety of ways. It is perfect for beginners and can be used as the foundation for more complex braids.

- **French Braid:** Also known as the Dutch braid, the French braid is a more intricate variation of the three-strand braid. It involves adding hair from the sides as you braid, creating a raised and voluminous effect.
- **Fishtail Braid:** The fishtail braid is a stunning and unique braid that resembles a fish's tail. It requires some practice to master, but the results are worth the effort.
- **Cornrows:** Cornrows are a type of braid that is tightly woven and creates raised rows on the scalp. They are often worn as a protective style to prevent breakage and promote hair growth.
- **Updo Braid:** An updo braid is any braid that is styled into an updo hairstyle. There are endless possibilities for updo braids, from simple buns to elaborate crowns.

Step-by-Step Braiding Instructions

Three-Strand Braid

1. Brush your hair to remove any tangles.
2. Divide your hair into three equal sections.
3. Cross the right section over the middle section.
4. Cross the left section over the new middle section.
5. Repeat steps 3-4 until you reach the end of your hair.
6. Secure the braid with an elastic band.



French Braid

1. Brush your hair to remove any tangles.
2. Take a small section of hair from the top of your head and divide it into three equal sections.
3. Cross the right section over the middle section.

4. Take a small section of hair from the right side and add it to the rightmost section.
5. Cross the new right section over the middle section.
6. Take a small section of hair from the left side and add it to the leftmost section.
7. Cross the new left section over the middle section.
8. Repeat steps 5-7 until you reach the nape of your neck.
9. Continue braiding as a regular three-strand braid.
10. Secure the braid with an elastic band.



The Ultimate French Braid Tutorial

Fishtail Braid

1. Brush your hair to remove any tangles.
2. Divide your hair into two equal sections.
3. Take a small section of hair from the outside of the left section and cross it over to the inside of the right section.

4. Take a small section of hair from the outside of the right section and cross it over to the inside of the left section.
5. Repeat steps 3-4 until you reach the end of your hair.
6. Secure the braid with an elastic band.



Cornrows

1. Brush your hair to remove any tangles.

2. Divide your hair into small sections, about 1-2 inches wide.
3. Take a small section of hair from the front of one of the sections and divide it into three equal parts.
4. Cross the right section over the middle section.
5. Cross the left section over the new middle section.
6. Take a small section of hair from the side of the next section and add it to the rightmost section.
7. Cross the new right section over the middle section.
8. Repeat steps 6-7 on the other side.
9. Continue braiding until you reach the end of the section.
10. Repeat steps 3-8 for each remaining section.



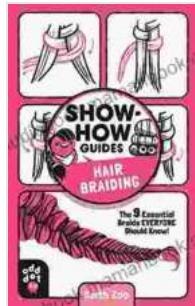
Updo Braid

1. Brush your hair to remove any tangles.
2. Create a braid of your choice, such as a French braid, fishtail braid, or three-strand braid.
3. Wrap the braid around your head to create the desired updo style.
4. Secure the braid with bobby pins.



Danielle McCall
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Mastering these essential braids will not only elevate your hair styling skills, but also open up a world of creative possibilities. Experiment with different braiding techniques, add embellishments, and create unique updo styles that express your personal flair. Whether you are a beginner or an experienced braider, this guide will empower you with the knowledge and instructions you need to create stunning braids that will turn heads wherever you go.



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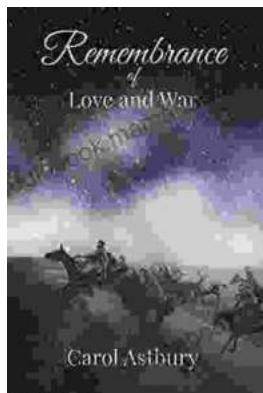
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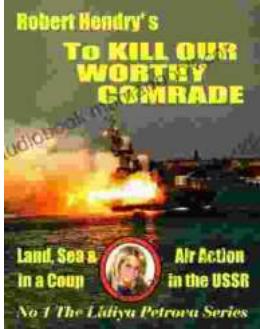
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